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October 7, 2015

Eating Out

the City

# Celebrating our city's fine design

KYLIE FLEMING



**D**esign is all around us, it really is everywhere you look, says Kara Growden.

The communications and project officer at Australian Institute of Architects is talking design at hot new pasta bar Osteria Oggi in Pirie St.

"From this chair to the table, the cutlery, the crockery, the doors, the kitchen sinks and even the chefs in the kitchen mastering their creations," she says.

"Buildings and objects and things around us don't just magically appear, there's an incredible process to create all these things."

Kara is a driving force behind the Festival of Architecture and Design (FAD) with 40 events to be held across the city, metro and regional areas to highlight the value of design (October 8-13).

"It's about celebrating the amazing creative community here and people are starting to realise that now, feel good about it, be proud of themselves and, in that way, they're talking about it more," she says.

"The festival will mean people can start to see who designers are, have a conversation with them and break down that wall a bit".

For more information visit [fad.org.au](http://fad.org.au)



Kara Growden, one of the driving forces behind the Festival of Architecture and Design, enjoys a coffee at Osteria Oggi on Pirie St.

Picture: MIKE BURTON

## Osteria Oggi

76 Pirie St



"There are so many things to love about this traditional Italian diner starting with their freshly-made pasta hanging in the kitchen window to dry," Kara says. "This place was designed by Studio-Gram who

are setting new trends in hospitality design and not just in Adelaide but interstate and overseas."

Kara says she loves Osteria Oggi's communal dining. "You can share a memorable meal with your family and friends but also strike up a conversation with the people next to you," she says.

## Maybe Mae

15 Peel St



"It's my favourite bar, I really love this late-night haunt," Kara says. "It reminds me of a bar we once visited when we were in LA called Musso and Frank which was where all the old Hollywood stars used to hang out and it has a really creative buzz about it. I feel that same vibe at Maybe Mae. I love the secret door, the classic fifties styling, leather booths, smooth jazzy tunes and the amazing cocktail list."

## Market Shed on Holland

1 Holland St



"I do believe good health is an investment and not just an expense," Kara says. "The last few years my husband (AJ) and I have been focusing on eating more healthy food so for us it's really important to have a lot of local, organic and seasonal produce. "We just love going along and chatting to all the different sellers, they give you recipes and you go back and tell them how it worked out ... it's a really nice part of our week." Kara has a foodie Instagram account (@vegogarefun) to share her love of vegetarian food and says there's no better place to shop than Market Shed.

Three of my faves

## Short bites

### The sunny hour



Daylight saving means another sunny hour after the working day to enjoy a wine on the

way home. The latest watering hole to open is Gypsy Dragon laneway bar in To-pham Mall off Waymouth St. The new bar, with its graffiti wall, is a sibling venue to Kangkong restaurant. It has an outdoor bar, plenty of seating and bar foods from Kangkong's kitchen such as chilli salt squid or satay chicken skewers. Look out for Vietnamese espresso martinis and craft beers.

### Reno rumble



Electra House in King William St is about to undergo renovations for six weeks and will stage New York-style cocktail nights called Electra Saturdays when it reopens. General manager Sam O'Leary says Adelaide has embraced the small bar concept but there are still very few places providing the premium nightclub experience. Guests can frock up while trying elegant cocktails with house music and raised-booths, which can be pre-booked.

### Wine taste time

The National Wine Centre's Wined Bar is undergoing a major facelift with a new space designed for casual drinking and dining set to open early this month. Work has started on the second stage of the Wined Bar which offers the largest wine tasting experience in Australia. The new-look venue will feature natural finishes and about 2,500 wine bottles suspended from the ceiling.

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**Date & Time**  
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**Time**  
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**Place**  
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